

Summary of Rules

Summary of Rules, U5 - U10, 8/28/07			
	U5/6	U7/8	U9/10
Max Roster Size	10	10	14
Playing Format	4v4 x 2 fields (no goal tending)	5 (4 + keeper)	7 (6 + keeper)
Coach on Field	yes	no	no
Game Duration	10 min Qtrs	12 min Qtrs	25 min Halves
Halftime Break	5 min	5 min	5 min
2 minute Water Breaks	between qtr 1-2 & 3-4	between qtr 1-2 & 3-4	none
Throw-ins	no, kick-ins	yes	yes
Off-sides	no	no	yes
Slide-tackling Allowed	no	no	yes
Field Size	20 x 30 yds Benbrook	40 x 60 yds Benbrook	50 x 80 yds Westside
Goal Size	4 x 6 ft	6 x 18 ft	7 x 21 ft
Penalty Area	no	yes	yes
Penalty Kick	no	no	yes
Ball Size	3	3	4
Direct Free Kicks	no	no	yes
Standoff distance for free kicks	3 yds	5 yds	8 yds
Red/Yellow Cards	no	no	yes
Keep Score	no	yes (but not posted)	yes
Game Report	no	yes (standings not posted)	yes (standings posted)
Substitutions	At any play stoppage	No limit - May sub at your throw-in, either team goal kick, after a goal, during injury stoppage, qtr/half break	