

## Summary of Rules

Summary of Rules, U4 - U10			
	U4/6	U7/8	U9/10
<b>Max Roster Size</b>	10	10	14
<b>Playing Format</b>	4v4 x 2 fields (no goal tending)	5 (4 + keeper)	7 (6 + keeper)
<b>Coach on Field</b>	yes	no	no
<b>Game Duration</b>	10 min Qtrs	12 min Qtrs	25 min Halves
<b>Halftime Break</b>	5 min	5 min	5 min
<b>2 minute Water Breaks</b>	between qtr 1-2 & 3-4	between qtr 1-2 & 3-4	none
<b>Throw-ins</b>	no, kick-ins	yes	yes
<b>Off-sides</b>	no	no	yes
<b>Slide-tackling Allowed</b>	no	no	yes
<b>Field Size</b>	20 x 30 yds Benbrook	40 x 60 yds Benbrook	50 x 80 yds Westside
<b>Goal Size</b>	4 x 6 ft	6 x 18 ft	7 x 21 ft
<b>Penalty Area</b>	no	yes	yes
<b>Penalty Kick</b>	no	no	yes
<b>Ball Size</b>	3	3	4
<b>Direct Free Kicks</b>	no	no	yes
<b>Standoff distance for free kicks</b>	3 yds	5 yds	8 yds
<b>Red/Yellow Cards</b>	no	no	yes
<b>Keep Score</b>	no	yes (but not posted)	yes
<b>Game Report</b>	no	yes (standings not posted)	yes (standings posted)
<b>Substitutions</b>	At any play stoppage	No limit - May sub at your throw-in, either team goal kick, after a goal, during injury stoppage, qtr/half break	